

# 30 Poems in 30 Days

## Rules and Submission Guidelines

Welcome to the Community Writing Center's Annual 30 Poems in 30 Days Writing Competition! Write 30 poems based on daily prompts throughout the month of April. Winners will have a chapbook of their original poems produced by the CWC.

### Registration

1. Participants must register for the 30 Poems in 30 Days Writing Competition. [Registration](#) begins January 2025 and ends April 30, 2025. Participants can register online at [slcc.edu/cwc](http://slcc.edu/cwc)
2. Recommended fee is \$5, but this can be waived at registration.
3. Register in one of two categories: Adult or Youth (18 and under).

### Start Writing

Each morning in April, the CWC will post a new poetry prompt via our Facebook ([www.facebook.com/CommunityWritingCenter/](http://www.facebook.com/CommunityWritingCenter/)) and Instagram ([http://www.instagram.com/slcc\\_cwc/](http://www.instagram.com/slcc_cwc/)) accounts. You do not need to have an account on either platform to access the prompts.

All writing for the competition must be based on the CWC's daily prompts provided throughout the month of April. The first of the 30 writing prompts will be posted on April 1, 2025, at 10 a.m.

Each morning in April, a new prompt will be posted. Prompts may be pictorial, topical, or genre-based, and will be numbered in accordance with the days of the month, i.e. 1-30. Participants must meaningfully incorporate each prompt into the corresponding poem. All 30 poems based on the prompts must be included in your submission.

### Submissions

- Each submission must be original poetry written within the 30 days of the competition and related to daily prompts.
- Submissions (all 30 poems combined) should not exceed 4000 words.
- Number individual poems in accordance with the day the prompt was posted. For example, a poem written for a prompt posted on April 6 should be labeled with the number **6**.
- Please title the entire submission (all 30 poems combined). Titles for individual poems are optional.
- **Poems will only be accepted via online submission.** Please carefully follow the guidelines below.

### Submission Guidelines

- Go to [Submittable](http://cwc.submittable.com) ([cwc.submittable.com](http://cwc.submittable.com)) to submit. Submission is due on Monday, May 5, 2025, by 11:59 p.m. MDT
- All 30 poems must be compiled and saved into a single file. Do NOT put your name anywhere on the poems.
- Fill out the submission form completely. Requested information will include:
  - Full name
  - Email address
  - Phone number
  - Zip Code
  - Title of entire submission
  - Category: Adult or Youth (18 and under)

## **Judging and Awards**

- ï The judges will award a Winner and an Honorable Mention in both youth and adult categories.  
NOTE: Judges reserve the right to adjust awards as necessary.
- ï Winners in each category will be notified (via email) by June 1, 2025.
- ï Honorable Mention in each category will receive a gift card.
- ï The Winner in each category will receive 25 custom chapbooks of their submissions to distribute amongst their loyal fans.